# TANGO HOLIDAYS 2021

PARADISE AWAITS YOU!!

#### DEAR TANGUEROS:

After a long year, summer is coming and we believe that this summer everything will be better, and things will be almost back to normal. To celebrate this long awaited return to dance, we decided to put together a special trip- a week-long cruise visiting beaches and beautiful islands of CROATIA, during high season. The ship MAMA MARIA is a cruiser, with 15 double passenger cabins and a crew of 7 people, who are very experienced and used to working with smaller groups.

Our idea is to dance again in an unforgettable experience. Beautiful Mediterranean islands and beaches that can only be reached by boat, dancing outdoors every night on the large and comfortable deck.

I am convinced that this trip is ideal in this time of coronavirus, when we must be outdoors- what better than a private cruise for our small group of tangueros at the best time to be on the Adriatic Sea?

The idea is to dance again safely in a closed group of people who know each other. The classes that we will give will be focused on EL ABRAZO. We believe that it is not the time to get very technical, but to simply flow into dance- this will be the best way to reconnect with our dance and with others during this unforgettable pleasurable trip, a true tango vacation.

The prices are higher than for a normal Tango Holiday because this is a luxurious and unforgettable trip, but a tourist agency's price would be much higher, this is an exceptional price for a very likely a one-time event. The cruise is for only 18 couples the price is  $\leq$  1190 p / p half board and to book you only need  $\leq$  190 p / p. The cruise begins and ends in Split, the date is 31-07-2021 until 07-08-202. In case the situation with coronavirus worsens, we will return the money.

It would be great to share this unique experience with you.

#### TANGO HOLIDAYS

2021

Anibal Lautaro & Valeria Maside

#### CROATIA

31 TO JULY TO 7 OF AUGUST.

PRIVATE CRUISE FOR 18
COUPLES!!

8 DAYS, ON A PRIVATE CRUISE!

PRICE: € 1190 (HALF PENSION) RESERVATIONS WITH € 190 P / P



- \* 6 milongas
- \* 12 hours of classes
  - \* Double rooms
- \*We will visit paradisiacal beach

IF NOT NOWI LIVED THE EXPERIENCE OF DANCING IN THE MIDDLE OF THE OCEAN!

**MORE INFO:** 

Anibalyvaleriatango@gmail.com

#### PRIVATE CRUISE WITH ANIBAL AND VALERIA

## 8-DAY CRUISE ON THE ROUTE:



















# A UNIQUE EXPERIENCE IN THE ISLAND PARADISE

# 7 X OVERNIGHT STAY IN DOUBLE ROOMS





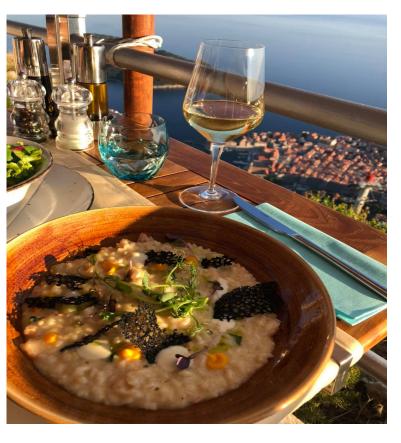




# 7 X HALF BOARD (BREAKFAST AND LUNCH)



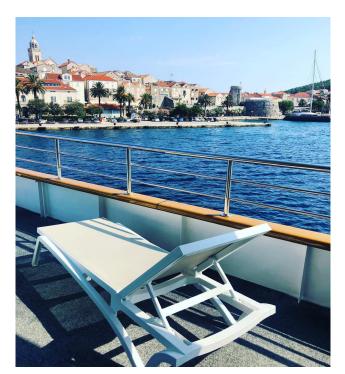






THERE IS A HOT TUB AND 30 DECK CHAIRS ON THE SUN DECK. THE SHIP IS EQUIPPED WITH A DINGHY, SNORKELING MASKS AND FLIPPERS, SWIM MATTRESSES.





#### THE PRIVATE CRUISE INCLUDES:

- 12 hours of classes.
- 7 milongas.
- Walks through paradisiacal islands.
- Daily buffet breakfast, three-course lunch and a four-course captain's dinner in the evening (Wednesday or Thursday, by appointment).
- Coffee and tea all day.
- Each guest receives two 1/2 liter bottles of water per day.
- Each guest receives three towels and beach towels are changed every other day.
- Bed linen is changed on arrival and halfway through the trip (mainly on Wednesdays).
- The maid enters the cabins every day, lays down the bedding, and cleans the cabin.

### 8 DAYS / 7 NIGHTS, ON A PRIVATE CRUISE!

• Price: € 1190 half board.

Port fees € 25 p / p.

Ship MAMMA MARIA began operation in 2018.

Reservations with € 190 p / p.

PARADISE AWAITS YOU!!

### WHAT ARE THE BENEFITS OF THIS TRIP?

Psychologists and therapists believe that dance could be a great way to deal with the negative emotions produced by confinement and the fear caused by Covid-19.

Why not turn to dance as a way to improve our mental and physical health, our state of mind to face confinement in a better way.

Dancing brings happiness, as demonstrated by a recent study conducted by the University of Hertfordshire in England and directed by the dance psychologist Dr. Peter Lovatt.

Lovatt found evidence that when dancing we release a greater amount of endorphins than when doing any other type of exercise, and thanks to this, we connect better with the emotional centers of the brain.

All this favors body awareness, creativity, memory, in addition the senses are activated to receive all the information that comes from the environment and integrate them with our muscular responses to perform movements.

Dance, whether recreational or professional, has many benefits for people mental, physical and emotional health. It must be remembered that body and mind are a unit, they work in an integrated way.



# MORE INFO: anibalyvaleriatango@gmail.com